



**MPA CARD**  
**(Antara Program)**



*Client Card (To be issued to client)*

Intramuscular / Subcutaneous (Tick ✓ the type of MPA administered)

OPD/IPD Number..

Name of Facility...

**Client's Name.....**

**Client's Address.**

.....Tel. No.....

Client's Age..... Parity.....

Date of Last Child Birth/abortion..

|                                 |    |
|---------------------------------|----|
| Date of Injection               | SC |
| Type of Inj. $\varnothing$ : IM | BP |
| Weight                          |    |
| Menstrual changes: Y N          |    |
| Advice                          |    |
| Due Date of next injection      |    |

  

|                                 |    |
|---------------------------------|----|
| Date of Injection               | SC |
| Type of Inj. $\varnothing$ : IM | BP |
| Weight                          |    |
| Menstrual changes: Y N          |    |
| Advice                          |    |
| Due Date of next injection      |    |

  

|                                 |    |
|---------------------------------|----|
| Date of Injection               | SC |
| Type of Inj. $\varnothing$ : IM | BP |
| Weight                          |    |
| Menstrual changes: Y N          |    |
| Advice                          |    |
| Due Date of next injection      |    |

  

|                                 |    |
|---------------------------------|----|
| Date of Injection               | SC |
| Type of Inj. $\varnothing$ : IM | BP |
| Weight                          |    |
| Menstrual changes: Y N          |    |
| Advice                          |    |
| Due Date of next injection      |    |

**Record of First MPA Injection** (*The first injection should be given under the guidance of trained Doctor*)

| Record of First MPA Injection (The first injection should be given under the guidance of trained staff) |              |     |        |                |                                    |                            |
|---------------------------------------------------------------------------------------------------------|--------------|-----|--------|----------------|------------------------------------|----------------------------|
| Date of Injection                                                                                       | Type (IM/SC) | LMP | Weight | Blood Pressure | Timing of injection-PP/PA/interval | Due Date of next injection |
|                                                                                                         |              |     |        |                |                                    |                            |

### Record of MPA Injection

| DMPA Injection  | Due Date of Injection | Date of Injection | Type (IM / SC) | Weight | Blood Pressure | Menstrual Changes | Any Complaint | Advice, if any complaint |
|-----------------|-----------------------|-------------------|----------------|--------|----------------|-------------------|---------------|--------------------------|
| 2 <sup>nd</sup> |                       |                   |                |        |                |                   |               |                          |
| 3 <sup>rd</sup> |                       |                   |                |        |                |                   |               |                          |
| 4 <sup>th</sup> |                       |                   |                |        |                |                   |               |                          |
| 5 <sup>th</sup> |                       |                   |                |        |                |                   |               |                          |
| 6 <sup>th</sup> |                       |                   |                |        |                |                   |               |                          |

### Mid Course Follow up Visit

| Sno. | Due Date of Follow up | Weight | Blood Pressure | Menstrual Changes | Other Complaint | Advice |
|------|-----------------------|--------|----------------|-------------------|-----------------|--------|
|      |                       |        |                |                   |                 |        |
|      |                       |        |                |                   |                 |        |
|      |                       |        |                |                   |                 |        |
|      |                       |        |                |                   |                 |        |
|      |                       |        |                |                   |                 |        |



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.....Tel. No.....

Client's Age..... Parity.....

Date of Last Child Birth/abortion.....

|                                                     |    |
|-----------------------------------------------------|----|
| Date of Injection                                   |    |
| Type of Inj. <input checked="" type="checkbox"/> IM | SC |
| Weight                                              | BP |
| Menstrual changes: Y                                | N  |
| Advice                                              |    |
| Due Date of next injection                          |    |

|                                                     |    |
|-----------------------------------------------------|----|
| Date of Injection                                   |    |
| Type of Inj. <input checked="" type="checkbox"/> IM | SC |
| Weight                                              | BP |
| Menstrual changes: Y                                | N  |
| Advice                                              |    |
| Due Date of next injection                          |    |

|                                                     |    |
|-----------------------------------------------------|----|
| Date of Injection                                   |    |
| Type of Inj. <input checked="" type="checkbox"/> IM | SC |
| Weight                                              | BP |
| Menstrual changes: Y                                | N  |
| Advice                                              |    |
| Due Date of next injection                          |    |

## Record of First MPA Injection (The first injection should be given under the guidance of trained Doctor)

| Date of Injection | Type (IM/SC) | LMP | Weight | Blood Pressure | Timing of injection-PP/PA/interval | Due Date of next injection |
|-------------------|--------------|-----|--------|----------------|------------------------------------|----------------------------|
|                   |              |     |        |                |                                    |                            |

## Record of MPA Injection

| DMPA Injection  | Due Date of Injection | Date of Injection | Type (IM / SC) | Weight | Blood Pressure | Menstrual Changes | Any Complaint | Advice, if any complaint |
|-----------------|-----------------------|-------------------|----------------|--------|----------------|-------------------|---------------|--------------------------|
| 2 <sup>nd</sup> |                       |                   |                |        |                |                   |               |                          |
| 3 <sup>rd</sup> |                       |                   |                |        |                |                   |               |                          |
| 4 <sup>th</sup> |                       |                   |                |        |                |                   |               |                          |
| 5 <sup>th</sup> |                       |                   |                |        |                |                   |               |                          |
| 6 <sup>th</sup> |                       |                   |                |        |                |                   |               |                          |

## Mid Course Follow up Visit

| Sno. | Due Date of Follow up | Weight | Blood Pressure | Menstrual Changes | Other Complaint | Advice |
|------|-----------------------|--------|----------------|-------------------|-----------------|--------|
|      |                       |        |                |                   |                 |        |
|      |                       |        |                |                   |                 |        |
|      |                       |        |                |                   |                 |        |
|      |                       |        |                |                   |                 |        |