



THE OBSTETRIC AND GYNAECOLOGICAL SOCIETY OF SALEM



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MD, DNB, MRCOG (UK),

Manipal Hospital

Dalmia Board, Salem - Bangalore Highway,

Salem - 636 012.

Cell : 94430 29101

Hos : 0427 - 2346600

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DOWH (IRE), MRCOG (UK), MRCPI (OG),

Rainbow Hospital

For Women & Children

No.8-20, Rajaji Street,

Swarnapuri, Salem - 636 004.

Cell : 95666 88644 Hos : 0427 - 2500900

Hon. TREASURER :

Dr. D. NARMADA, MD, (OG),

Vijaya Hospital

11-G, Rajaji Road,

Salem - 636 007.

Cell : 99442 40005

Dear Friends & Colleagues

Many a times we are too busy that we don't have time to think & look after our health. Our CME for the month of October is to motivate us to look in to this aspect.

Date: 28.10.2018 Time 10.30am to 1.30pm Venue: Hotel Cenneys Gateway

Sunday

Theme: Physician, Heal Thyself

Immediate Past President :

Dr. SUMATHI SETHILKUMAR,

DGO, DNB, FRCOG (UK), PGA in ART (UK),

SS Medical Centre

Cell : 94422 48444

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MBBS, MD (OG), ART (Singapore)

ARMC IVF Fertility Centre

SPMM Hospital, Ammapet, Salem.

Ph : 0427-2244500, Cell:98427 75756

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SRI SANJEEVI HOSPITAL,

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Dr. M. SRIDEVI, MD (OG),

Dr. SWATHI PRAVEEN, MS (OG), DNB.,

1. Benign breast disease and screening for breast

Dr.K.Poongodi,M.S,M.Ch,FAES

Asst prof of Endocrine Surgery

GMKMCH,SKS Hospital

SPMM Hospital Salem.

2. Vitamin D- Hope or Hype?

Dr.Sathiyar Raghavan , MBBS, MRCP (UK)

SCE & Dip in Endocrinology & Diabetes (UK),

Consultant Endocrinologist & Diabetologist

SPMM & Dharan Hospitals.

3.Meditation for Gynaecologists

Mrs.Sreeja, B.A

Yoga Teacher

4. Fitness for Gynaecologists

Miss. Catherine Shalini Raja

Asst Professor

Vinayaka Mission College of Physiotherapy

5. Self Defence for Gynaecologists

Mr.Renshi. T.Srinivasan

President - Salem Sports &

Karate Do Association

Regards

DR.G.JAYAMALA
Hon. Secretary

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**N.B. All Correspondence
to be addressed to
the Hon. Secretary**